Self-Assessment Rubric:

Classroom Behavior: Middle School

Numerical Assessment	My Behavior
6: Exemplary (Like a plant in full bloom [©])	I enjoy school and I know I can learn from all my teachers even the ones that I don't like very much. It feels good to be successful and get good grades. I like knowing that I am doing my best.
5: Commendable (Like a plant that is fully grown before fruit or flowers appear.)	It's becoming my habit to listen in class. I realize that school is easier when I pay attention and I usually feel good about myself. I know how to cooperate with teachers and other kids, and I get along with everyone most of the time.
4: Proficient (A healthy little plant that is growing up right on schedule.	Teachers seldom need to remind me to pay attention in class. My mind still seems to wander sometimes but I usually can return to focusing on the teacher even though I need to be reminded occasionally.
3: Developing (A very small plant that needs a lot of care and nurturing if it is going to survive.)	I try to focus on the teacher without being told. I understand what I need to do and am learning to listen.
2: Emergent (Beginning to see growth like the first shoots of the plant that are struggling to push their way out of the earth.)	When a teacher tells me to pay attention, I usually do – a least for a little while – but then I forget or get distracted.
1: Pre-Emergent (A seed that is still dormant under the surface of the ground working to grow roots and push up through the hard soil.)	I have trouble doing what I'm supposed to be doing in class. Teachers say I'm uncooperative, unfocused, and have trouble listening.

I gave myself a ______ on this RUBRIC because ______

My plan to improve:

DRAW TWO PICTURES:

- 1. Draw yourself NOW when you are with other people and you get mad at them.
- 2. Draw yourself like you will be when you have met your goal

You may divide the space below any way you wish.